



Inuksuk High School

Tim Hoyt, Principal Craig MacGregor, Vice-Principal
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Dear Nunavut Law Foundation,

It is my pleasure to nominate Ruben Dewar for the 2020-21 Upinnaqtuq Award in recognition of his commitment to health and conflict resolution.

Ruben is a committed young man in the pursuit of health and wellbeing. He is a competitive athlete on the soccer pitch whose work ethic and drive are equally paralleled by his sportsmanship and commitment to fair play. Ruben is often found at the Aquatic Center at 6:30 in the morning to work out before attending school for an entire day of classes. This commitment to wellbeing and health is a great example to others in terms of making self-care a part of one's daily practice to being a healthy individual.

Ruben is a positive influence in our school community and a positive example to other students, but things have not always been easy for Ruben. He has overcome early adversity in his life to become an outstanding young man. When Ruben first came to Inuksuk High School, his ability to resolve conflict in a positive manner was a challenge. With the support of his family, Ruben has demonstrated great responsibility, patience, communication, and courage to develop positive conflict resolution skills. This is what I admire most about Ruben and why he is deserving of this important award as recognition of his growth as young man and leader.

Sincerely,

Jay McKechnie
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